



## ***Botulinum Toxin Consent Form***

<b>Patient Name:</b>	<b>Date of Birth:</b>
<b>Address:</b>	<b>Today's Date:</b>

### ***What is Botulinum Toxin?***

Botulinum Toxin is a bacterium that blocks the release of acetylcholine, the substance responsible for transmitting impulses that elicit muscle contractions. In medicine, Botulinum Toxin is injected directly into overactive muscles. It has been safely and effectively used for treatment of strabismus (cross-eye) and blepharospasm (lid spasm) since the early eighties.

### ***How does Botulinum Toxin work?***

Over activity of the facial expression muscles often results in the development of deep frown lines, forehead lines and/or crow's feet. Injecting Botulinum Toxin into the affected area temporarily paralyses the underlying muscles responsible for the wrinkling, giving the face a more relaxed and pleasant appearance. The wrinkles become smoother or disappear altogether.

### ***When and for how long does Botulinum Toxin work?***

The initial effects of the treatment become visible within 48 to 72 hours. The maximum effect is reached in approximately 1 to 2 weeks. Your facial expression will become more relaxed, but by no means mask-like. The overall result is very natural, and the effect of the treatment generally lasts for 3 to 4 months. Re-treatment is then required.

### ***Potential adverse effects (side effects)***

Botulinum Toxin injection is generally a safe and effective treatment method. Nevertheless, certain side effects can occur but, like the intended treatment effects they are mostly reversible. At this appointment, you will be informed about the potential side effects of Botulinum Toxin therapy, contraindications to therapy and potential drug interactions.

Potential side effects include:

- Bruising or swelling at the injection site
- Slight feeling of nausea
- Tiredness, pain in the arms or legs
- Temporary drooping of the eyebrow or upper eyelid
- Brief visual disturbances
- Dryness of the eyes
- Skin rash
- Itching & allergic reactions
- Headaches

### ***Contraindications***

- Pregnancy and breast feeding
- Myasthenia gravis
- Lambert-Eaton syndrome
- Blood coagulation disorders

### ***Aftercare***

- DO NOT prod or press treated area(s)
- DO NOT lie down for 4 hours post treatment
- DO NOT undertake hot saunas, facials or sunbeds for 72 hours post treatment
- DO NOT participate in vigorous exercise for 24 hours post treatment
- DO NOT apply make-up to treated areas for at least 12 hours post treatment

### ***Drug Interactions***

Drug interactions can occur when Botulinum Toxin is used concomitantly with other medications. Since these medications can alter the effects of Botulinum Toxin, you must ensure that your Doctor is aware of any current medications you are currently taking, especially:

- Aminoglycoside antibiotics
- Anaesthetics
- Muscle relaxants

## ***Consent To Treatment***

- I consent to be treated with Botulinum Toxin and having photographs taken before and after the treatment. All photographs will remain the property of Eyelipsia Aesthetics.
- I hereby certify that I have been fully informed of the nature and purpose of the procedure, expected outcome and possible complications.
- I understand that there is no guarantee or assurance as to the final result that may be obtained. There is a small percentage of people that DO NOT respond to Botox and a refund will NOT be given once treatment has been administered.
- A follow-up appointment will be arranged for you, usually within 14 days post treatment. It is YOUR responsibility to make every effort to attend, as failure to do so could have a detrimental effect on the overall treatment results.
- I have been given the opportunity to ask questions and hereby certify that I have read and fully understood the contents of this consent form.

**Practitioner Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_